

## CURRICULUM VITAE

### Susanna Wu-Pong Calvert, RPh, MAPP, PhD

Founder and Convener for Mission and Vision  
Foundation for Family and Community Healing

#### OVERVIEW

*A visionary, futuristic, and systems-oriented leader committed to bringing healing and transformational leadership across the planet*

- Nonprofit social entrepreneur – Founder and leader of an ambitious and innovative, system-wide initiative to foster thriving within and between individuals, groups, and Earth.
- Innovative, visionary, and transformative leader – Creating and implementing a shared vision, across higher education, consulting work, board and committee leadership, and community service.
- Impactful mentoring, coaching, training and development – Author of hundreds of articles and blogs; trained, coached, mentored or educated hundreds of faculty, students and staff to help them realize their authentic potential. Work has been described as “transformational”, “inspirational” and “life changing”.
- Program development –Develop, manage and facilitate high impact programs for faculty and graduate students, especially in the areas of leadership, self-awareness, positive culture, career development, productivity, and diversity.
- Results-oriented, high-impact teams - Create highly engaged, impactful and teams spanning discipline, rank and roles and across campus, the community and the nation. Led or participated in the creation of at least 20 inaugural or new programs, committees or projects including a variety of programs across UGA campus, the AACCP’s Shared

Educational Initiative, AACP Graduate Education SIG, Pharmaceutical Sciences Graduate Advisory Board, VCU's new COBE Institute and VCU BEST.

- Servant leadership - Served in a leadership capacity in ~ 45% service roles, cumulatively representing > 90 'man-years' of service.
- Productive scientist, scholar, thought leader, and blogger - Written or presented >100 invited seminars, interviews, scientific articles, chapters, books and abstracts and hundreds of blogs for Psychology Today, Brainz Magazine, Foundation for Family and Community Healing, and Silver Lining blog.
- Effective manager – Customer-service and efficient management of suite of faculty development programming for 3300 faculty and graduate and combined degree programs comprising over 100 students and 50 graduate faculty. Responsibilities include program conception, creation, implementation, facilitation, and management, recruiting, admissions, promotion, graduation, degree audit, TA duty allocation, annual reporting, special events, advocacy, student and faculty issues and conflicts, orientation, student awards, alumni and community engagement, developing and enforcing policy and procedure, annual review, curriculum review, and student development and management of a budget of approximately \$1m.
- Healer – Reiki energy healer and intuitive guidance

## PROFESSIONAL ACTIVITIES

### FOUNDATION FOR FAMILY AND COMMUNITY HEALING

Founder and Executive Director

Richmond, VA  
October 2018 - present

#### *Responsibilities –*

- Start-up and incorporate new 501(c)(3) nonprofit
- Assemble and lead board of directors
- Establish vision and engage stakeholders in Foundation activities
- Plan, lead, and implement organizational initiatives including social media campaign, stakeholders meetings, and educational programs
- Marketing and branding initiatives, including website
- Philanthropy and fundraising

- Hire and manage staff, interns, and volunteers
- Foster professional development of staff, interns, and volunteers
- Acquire and manage partnerships and collaborations with content providers, and learning communities

*Accomplishments –*

- Creation and launch of a growing, transformational, educational platform offering gift-economy modules on relationship with ourselves, each other, and Earth
- Establishment of partnerships across the world

WRWK 93.9 FM

Finding Our Fit, Radio show host

July 2021 - present

SUSANNA CALVERT, LLC

Consulting

Fall 2021 - present

VIRGINIA COMMONWEALTH UNIVERSITY

Department of Foundations of Education, School of Education

Affiliate faculty

Richmond, VA  
December 2019 - present

UNIVERSITY OF GEORGIA

Office of the Provost, Faculty Affairs

Director of Programming

Training and coaching professional

Athens GA  
August 2016 – May 2019

2019 - 2020

*Responsibilities –*

- Creating, managing, and delivering a range of programs for 3300 faculty at all levels and academic leaders that enhance excellence and faculty success at UGA
- Focus areas include leadership, management, diversity and inclusion, productivity, career, professional, and personal development using a wellbeing model
- Support the professional development and success of individual faculty and administrators through coaching, advising, and formal and informal programming
- Implement institution-wide initiatives and administrative policies related to faculty
- Support student learning outcome assessment and graduate student development
- Develop, manage, and lead cohort programs such as Aspire Fellows, Creating a Sustainable Writing Practice, New Department Head Orientation, Summer Leadership Institute, and Junior Faculty Learning Community

*Accomplishments –*

- Far-reaching – Creation of a new campus service for 3300 faculty which, over a 2.5 year span, conducted almost 400 meetings or workshops involving approximately 2000 participants, culminating in roughly 6000 people-hours.

- Integrative and longitudinal - Planned and created a variety of cohort programs to create longitudinal, peer and integrative learning
  - Summer Leadership Institute – Created and lead the 4-day leadership retreat for established and aspiring faculty leaders. Diversity or Research Leaders track options added in 2018, Summer 2017 – Summer 2018.
  - New Department Head Training – Program support, Fall 2016 – Fall 2018
  - Aspire Fellows Program – Created and offer a year-long program for faculty to realize a high impact project in a cohort-based program, August 2017- May 2019
  - Creating a Sustainable Writing Program – Created and offer a semester-long program offered in collaboration with UGA writing experts Lindsey Harding, Elizabeth Davis and Naomi Norman to help faculty boost their writing and research productivity. Summer 2017 – May 2019
  - Junior Faculty Learning Community – Created and co-coordinate the year-long FLC for junior faculty. August 2017-May 2019
  - Initiated Faculty Interest Groups to develop informal faculty communities.
- Diversity and inclusion
  - Faculty Search Committee Training – Co-created pilot Fall 2016, and offer ongoing faculty search committee training since Summer 2017, primary trainer/facilitator. Trained over 500 faculty and staff.
  - Summer Leadership Institute Diversity track - 2018
- Flexible
  - Faculty Learning Series – Created and offer a workshop series offered weekly each semester for faculty at all ranks and across career, professional, and personal development needs, Spring 2017 – Spring 2019.
  - Consulting and individualized programming – Services are also provided upon request to individuals and academic units, including shared visioning, leadership, teamwork, management, positive relationships and conflict management, productivity, and career and organizational development.
- Leadership across campus, state, and nation
  - New Faculty Orientation – Co-coordinate (2017) and lead (2018) the day-long orientation for approximately 150 new UGA faculty. Programming enhanced to create a more interactive and engaging program and opportunities for ongoing community building
  - Professional Development Steering Committee - Created and lead the PDSC, a group of campus stakeholders in faculty development, which collaborates and guides campus faculty development efforts.
  - Initiated discussions and organization on state and national levels to create peer support and learning communities for faculty success developers
    - University System of Georgia Faculty Success Developers - Organized and led the creation of a support and networking group of Faculty Success Developers across the USG.
    - Professional and Organizational Development Network (POD Network) Faculty Success Developers - Organized and led the creation of a support and networking group of Faculty Success Developers across the nation.

VIRGINIA COMMONWEALTH UNIVERSITY

Department of Pharmaceutics

Assistant Professor

September 1993 – June 2000

Associate Professor

August 2000 – July 2016

Dean's Office, School of Pharmacy

Director of Pharm. Sci. Grad. Program

December 2004 – February 2016

VCU Office of Student Affairs

Associate Professor

December 2015 – July 2016

Director, VCU BEST

January 2014 – July 2016

*Responsibilities –*

- Transition from a School of Medicine-affiliated to an independent graduate program in the VCU School of Pharmacy
- Lead, manage and operate the VCU School of Pharmacy, Pharmaceutical Sciences' >100 graduate students, >50 graduate faculty in the MS, MPS, PhD and combined degree programs
- Facilitate management of conflict within the program as needed
- Create change and pursue a vision of the future by influencing faculty, staff and graduate students
- Foster the interests of the program through collaboration and leadership with the university and local and national communities and stakeholders including local companies, alumni, donors and professional organizations
- Foster the success of the students and the program using both holistic and granular approaches
- Oversee and execute policies and procedures, student scholarships and awards, TA management, degree audit, degree progression, annual student review, faculty and student orientation, program assessment, grade management, curriculum review, course maintenance and student admissions
- Create and manage student career and professional development in the School and across VCU
- Manage website and student recruiting efforts
- Ensure graduate program resources are used responsibly and efficiently
- Lead special events such as Awards Banquet, Research and Career Day, and Lowenthal Symposium
- Coordinate inter-department courses such as PSCI607/608

*Accomplishments –*

- A strategic thought leader in graduate education at the VCU and national levels – founder of the AACP Graduate Education Special Interest Group and publication of a

vision for the future in Am J Pharm Ed. Conception to publication in 9 months by a cross-disciplinary team across disciplines and organizations.

- National student development initiative – National shared curriculum (AACP’s Shared Education Initiative to be launched 2016)
- Graduate program expansion by 50%
- Growth in student internships by approximately 5-fold
- Increased program applications by up to 3-fold
- Centralization and modernization of graduate program duties, annual review process, creation of website and handbook and a student online management system.
- Addition of Career Day component to Research Day with attendance topping 150
- An annual array of student workshops, often with renown speakers
- Alumni and community outreach - Graduate Advisory Board and its Career Mentor Program. “The most engaged board I have ever seen in a School” – Dean DiPiro. The Board also created 2 endowed scholarships, 1 travel fund, 1 conference, more than a dozen classes, workshops and panel discussions, the Career Mentor Network and facilitated the creation of VCU BEST
- Student recruitment initiatives - Student Ambassador Program; recruitment of in-state students; website development
- Creation and launch of scientific conference - bi-annual Lowenthal Symposium
- Led creation of the highly impactful VCU BEST - VCU student leadership/soft skills /career development program (rampages.us/vcubest/). Conception to implementation in 9 months by a team of 10 faculty and staff across campus. Receipt of the 2014 Quest Innovation Grant.
- Resource development and maintenance - Facilitated acquisition and management of over \$500,000 in philanthropy and grants for graduate education
- Go-to person – graduate education, diversity and inclusion, international students, career development, judicial affairs, training and development, and leadership

University of California, School of Pharmacy

San Francisco, CA 94143

Department of Pharmaceutical Chemistry

Research Assistant

September 1987 – September 1989

Teaching Assistant

September 1986 – September 1987

Walgreens Drug Stores

San Francisco, CA

Pharmacist

January 1987 – December 1987

University of California Hospital Pharmacy

San Francisco, CA 94143

In-patient pharmacist

December 1987 – November 1990

Abbott Laboratories

North Chicago, IL 60064

Graduate student intern

June 1987- August 1987

[Revco Drug Store](#), Hancock Shopping Center  
Pharmacy extern

Austin, TX 78751  
July 1986 – August 1986

[Brackenridge Hospital](#)  
Pediatric clinical extern

Austin, TX 78705  
April 1986 – July 1986

[St. David's Hospital](#)  
Pharmacy technician

Austin, TX 78765  
January 1985 – February 1986

[University of Texas](#), Dept. Pharmaceutics  
Research assistant

Austin, TX 78701  
September 1985 – April 1986

## EDUCATION

[University of Georgia](#)  
Coursework, Learning, Leadership and Organizational  
Development

June 2017 – May 2018

[University of Pennsylvania](#)  
Masters, Applied Positive Psychology

September 2013 – August 2014

[The University of California, San Francisco](#)  
NIH Postdoctoral fellow, Dermatology and Metabolism

March 1992 – June 1993

[The University of California, San Francisco](#)  
Ph. D., Pharmacy and Pharmaceutical Chemistry

September 1986 – June 1992

[The University of Texas at Austin](#)  
B.S. Pharmacy, Honors, Magna Cum Laude

September 1982 – August 1986

## PROFESSIONAL MEMBERSHIP

### CURRENT MEMBER

Synapse  
Metropolitan Business League

### PAST MEMBER

International Positive Psychology Association  
Professional and Organizational Development Network  
American Association of Colleges and Universities  
American Association of University Professors

American Association of University Women  
 American Association of Colleges of Pharmacy  
 American Association of Pharmaceutical Scientists  
 Graduate Women in Science  
 Virginia Biotechnology Association; Graduate Student's Association; GSA Department  
 of Pharmaceutical Chemistry representative; Northern California Pharmaceutical  
 Discussion Group; Women in Biological Sciences; American Pharmaceutical Association;  
 American Association for the Advancement of Science; American Association of  
 University Women

## HONORS AND AWARDS

Magna cum laude graduate, School of Pharmacy, University of Texas	1986
Recipient, Achievement Reward for College Scientists, University of California, San Francisco	1989
Fellow, Biotechnology Research and Education Program, University of California, San Francisco	1989 - 1990
Fellow, NIH Biotechnology Training Grant, University of California, San Francisco	1990 - 1992
Postdoctoral Fellow, NIH Endocrinology and Metabolism, University of California, San Francisco	1992 - 1993
Recipient, American Association of Colleges of Pharmacy Grant for New Investigators	1994 - 1995
Reviewer, Pharm Res., J. Pharm. Sci., Immunopharmacology, Biotechnology Progress, J. Drug Targeting, J. Pharmacy Pharmacol., Am. J. Pharm. Ed., J. Bioactive Compat. Polym., J. Pharm. Pharmacol., Int. J. Pharm. Compounding, Biopharm. Drug Dispos., Biomacromolecules, Int. J. Pharm., Molecular Therapy, Nucleic Acid Therap., Curr. Pharmacy Teach. Learn., World Journal of Education, Pharmacy	1991 - present
Recipient, American Association of Pharmaceutical Scientists, Young	1996



Investigator Award	
Nominee, Teaching Excellence Award, VCU School of Pharmacy	1999 - 2002
Grace E. Harris Leadership Institute Trainee	2006
Graduation Marshall, VCU Graduate School	2007
Reviewer, MEDCO/ExpressScripts scholarship selection	2011 - present
Nominee, TEDxJNJ speaker	2013
Reviewer, Fulbright Review Panel	2014 - present
Nominee, Virginia State Board of Pharmacy	2014
Nominee, AACP Chair, Council of Faculty	2014
Proposal reviewer, Elsevier	2014
Member, American Foundation for Pharmaceutical Education, Board of Grants	2015

## LICENSURE and CERTIFICATION

Registered pharmacist – California	1986 – present
Registered pharmacist – Texas	1986 – 2009
Certified Coach, Gallup StrengthsFinders	2013
Certified Coach, Arbinger Institute	2013
Trained Coach, SUN Life Coach	2013
Certified Coach, Conflict Dynamic Profile	2016
Certified Coach, Change Style Indicator	2016
Certified Coach, The Leadership Circle	2016
Certified Coach, Conflict Dynamic Profile	2016
Certified Coach and Assessor, Growth Edge Leadership	2019

Utsui and Holy Fire Reiki, 2<sup>nd</sup> level 2022

## CONSULTING and REVIEW ACTIVITIES

Immune Response Corp., Carlsbad, CA	1995
NIH study section, NHLBI "Treatment of tuberculosis"	1995
A.D. Williams Grant Review Committee	1995
NIH study section consultant, NHLBI Career Development Award	1996
NSF, expert reviewer	1997
AACP New Investigator Grant Faculty Review Committee	1997, 1999
NIH Special Emphasis Panel, NIA	1999
Insmmed Pharmaceuticals	2000 - 2001
NIH Special Emphasis Panel, NIA	2003
Citadel Investment Group	2004
Rakoczy, Molino Mazzochi, Siwik, Chicago IL	2008
LWW Publishing	2008
Content Connections, Virtual Focus Group	2009
NIH study section consultant, NCI preclinical contract proposals	2010
AACP Academic Fellows Leadership Program	2011
Jones and Bartlett	2011
Lippincott, Williams and Wilkins	2011
NASA Human Health Countermeasures, reviewer	2012
Hageman Group/Reserve; Boys and Girls Club of Trenton & Mercer Counties, VCU School of Pharmacy Information Technology, VCU School of Pharmacy	2014

VCU Dept. Forensic Science, Dept. Teaching and Learning, Office of Planning and Decision Support, Office of Access and Equity	2015
VCU Health Systems Child Care Center	
Western University School of Pharmacy Graduate Program Review Team	2016
NIH study section, NCI Special Emphasis Panel	2016
VCU Division of Epidemiology and Public Health	2016
UGA Odum School of Ecology	2017-2019
UGA School of Social Work	2018
UGA Medical Partnership	2018
UGA Department of Etymology	2017-2018
Columbus State University	2018
University System of Georgia – Faculty Development group	2018
Clayton State University	2018
Athens Montessori	2018
Lafayette College	2021

## PRESENTATIONS

### INTERNATIONAL

International Society for Experimental Hematology (poster), “Erythropoietin stimulates a rise in cytosolic calcium in Red 5-1.5 cells”	1989
European Hematology Association (poster), “Erythropoietin stimulates a rise in cytosolic calcium in Red 5-1.5 cells”	1989
Pari Center, “Imagined Problems. Real Opportunities.”	2021

**REGIONAL/NATIONAL**

American Association of Pharmaceutical Sciences Annual Meeting (symposium talks), "Unique, complex emulsion characterizes stages leading to the formation of neohemocytes"	1988
American Association of Pharmaceutical Sciences Annual Meeting (symposium talks), "Artificial models of sickle cells"	1988
American Association of Pharmaceutical Sciences Annual Meeting (poster), "Mechanism of uptake of an oligodeoxyribonucleotide 21-mer into Rauscher cells"	1990
American Association of Pharmaceutical Sciences Annual Meeting (symposium talk), "Studies of oligonucleotide uptake into Rauscher cells"	1991
FASEB Annual Meeting (poster), "Uptake of an antisense oligonucleotide of c-myc into Rauscher cells"	1991
American Association of Pharmaceutical Sciences Annual Meeting (symposium talk) "Mechanism of cellular uptake of a c-myc antisense oligonucleotide in Red 5-1.5 cells"	1992
American Association of Pharmaceutical Sciences Annual Meeting (poster) "Cation-dependency of oligonucleotide cellular uptake"	1994
American Association of Pharmaceutical Sciences Annual Meeting (poster) "Role of cations and cell cycle on oligonucleotide internalization"	1996
IBC Antisense Therapeutics (poster), "Role of cations and cell cycle on oligonucleotide internalization and activity"	1996
American Association of Pharmaceutical Scientists, National Meeting, Boston, MA, "Factors influencing oligonucleotide cellular uptake and delivery"	1997
AACP Webinar, Graduate Education SIG, "The future of the pharmaceutical sciences and graduate education; Recommendations from the AACP Graduate Education Special Interest Group"	2012
Higher Ground Women's Leadership Conference, "Using positive psychology principles to creatively engage with your life", Richmond VA	2013
Appreciative Education Conference – "A novel appreciative-inquiry based calling intervention for career development," Myrtle Beach, SC	2015

Rotary International, Kenny District Conference – “Normalizing Mental Health in the Workplace”, Richmond VA 2022

## LOCAL

UCSF Graduate Student Research Day (poster), “The mechanism of oligonucleotide cellular uptake” 1990

UCSF Graduate Student Research Day (symposium talk), “Kinetics and mechanism of antisense c-myc oligonucleotide uptake in Rauscher cells” 1991

Virginia Commonwealth University, College of Pharmacy, “Oligonucleotide cellular uptake: putting an elephant through a keyhole” 1996

Virginia Commonwealth University, Dept. Pharmaceutics, “New perspectives in nucleic acid transport” 2000

Virginia Women’s Conference, Panelist and organizer, “Individual Challenges in Work-Life Balance” 2012

School of Pharmacy, Associate Deans; Faculty; “Leadership and Self-Deception” 2013

American Association of Pharmaceutical Sciences Annual Meeting, San Antonio TX (Roundtable Discussion leader) “The future of pharmaceutical science graduate education – AAPS/AACP roundtable discussion” 2013

Boys and Girls Club, Trenton and Mercer County – “Strengths-based development of youth to preserve authenticity and promote retention”, Trenton NJ (MAPP team project) 2014

VCU School of Pharmacy Lunch and Learn – “The role of faculty development in creating a positive organization” 2014

VCU BEST faculty development series – “Managing difficult students” 2015

VCU School of Pharmacy – “Strength-based goal setting” 2016

Chesterfield Chamber of Commerce, Women’s Business Council meeting, “Fostering Authentic Purpose for Motivation and Wellbeing “ 2022

## INVITED TALKS

West Virginia University, College of Pharmacy, “Oligonucleotides as 1994

therapeutic agents”

American Association of Pharmaceutical Scientists, Southeast Regional Meeting, Research Triangle Park, NC, “Oligonucleotide cellular uptake and drug delivery”	1995
West Virginia University, College of Pharmacy, “Oligonucleotide cellular uptake: putting an elephant through a keyhole”	1996
Virginia Commonwealth University, Neuro-Oncology group invited speaker, “Recent progress in oligonucleotide drug delivery”	1996
Virginia Commonwealth University, Cell signaling group invited speaker, “Updates on oligonucleotide cellular uptake mechanism”	1996
AAPS Short Course, Introduction to Biotechnology, speaker, “Introduction to Biotechnology”	1997
USP Mid-Atlantic Regional Membership Meeting Welcoming Speaker	1997
Pfizer Central Research, invited speaker, “Oligonucleotide therapeutics: mechanisms and drug delivery”	1997
University of Connecticut, Storrs, School of Pharmacy, “Oligonucleotide therapeutics: mechanisms and drug delivery”	1997
University of Kentucky, Lexington, Division of Medicinal Chemistry and Pharmaceutics, “Mechanism of uptake and drug delivery of therapeutic oligonucleotides”	1997
University of Florida, Gainesville, Dept. Pharmaceutics and Pharmacology, “Oligonucleotide cellular and intestinal transport: challenges and opportunities”	1998
Hampton University, School of Pharmacy, special lecturer “New treatments for bad genes”	2000
University of Maryland, Dept. Pharmaceutical Sciences, “A novel perspective in oligonucleotide cell transport”	2000
Asian Pacific Heritage Month Celebration, keynote speaker, Fort Lee, VA “The American Dream”,	2001
Roanoke College, “New DNA Drugs and Delivery Systems”	2001
Wyeth Research, “Novel concepts in nucleic acid transport”	2002

Asian Pacific Heritage Month Celebration, keynote speaker, Fort Lee, VA, "Asians in America"	2003
NOVA Southeastern University, College of Pharmacy, "Pharmacogenomics and the New Molecular Medicine"	2011
Grace E. Harris Leadership Institute, Department Chairs training, "Strength-based leadership and Good to Great"	2011
AACP Annual Meeting, Graduate Education SIG, Kissimmee FL "Leadership development in Pharmacy graduate education"	2012
Higher Ground Leadership Program, Richmond VA, "Strength-based leadership"	2012
Keck Graduate Institute, "Pharmacy education: An insider's look from the outside"	2012
VCU Partners for People with Disabilities Interdisciplinary Training Project Leadership Seminar, Richmond VA, "Leadership begins within"	2012
Higher Ground Leadership Program; School of Dentistry, Information Technology Department; VCU Advising Department; VCU Office of Real Estate Acquisition, Richmond VA, "Strength-based leadership"	2013
Emerging Healthcare Leaders Regional Conference – "Student career, professional and personal development: Emerging opportunities at VCU" Richmond VA.	2014
AAPS Webinar – "Future of Graduate Education- Joint Presentation by AAPS and AACP," June 26, 2014	2014
University of North Carolina, College of Pharmacy – "The future of graduate education: recommendations from the AACP Graduate Education SIG"	2014
University of Colorado, College of Pharmacy – "Education in Pharmacy and Pharmaceutical Sciences; the role of faculty development and positive organizations"	2014
Strengths-based leadership – UNC College of Pharmacy, UC College of Pharmacy, VCU Student Advising, Hageman Reserve, Higher Ground Leadership Program, Student APhA, Anne Arundel School Board, VCU School of Pharmacy faculty retreat	2014
Arbinger Institute training – Student APhA, VCU Student Advising Leadership	2014

## Team

Strengths-based leadership – VCU School of Pharmacy staff retreat, VCU Human Resources Manager Training, VCU Pharmacy technology, VCU faculty development series, VCU Dept. Forensic Sciences, Student National APhA, VCU Office of Access and Equity	2015
Higher Ground Women’s Leadership Conference – “Using job crafting to increase job satisfaction, engagement and meaning”	2015
AACP Leadership SIG webinar, “Creating a Positive Workplace and Culture”, March 17, 2015. See <a href="http://aacp.org/governance/SIGS/leadershipdevelopment/Pages/webinars.aspx">aacp.org/governance/SIGS/leadershipdevelopment/Pages/webinars.aspx</a>	2015
AACP Annual Meeting, “A Cross-Institutional Approach to Multi-Disciplinary Graduate Education and Personal Strengths Development for Team Science”	2015
“Bench to Bedside” Student Career Symposium, VCU, “The importance of soft skills”	2015
VCU Department of Teaching and Learning faculty retreat, keynote speaker, “Positive psychology in higher education”	2015
Howard University School of Pharmacy faculty & staff professionalism workshop, keynote speaker, “Conflict resolution and positive relationships”	2015
VCU Staff Senate development retreat, “Job crafting”	2016
UGA Sustainability Summit, “Mentoring Interdisciplinary Graduate Students: A shared visioning exercise”	2016
UGA EPID 9100 Graduate Seminar, “Leadership and Soft Skills”	2017
UGA Plant Sciences Retreat “Career Development Panel for Graduate Students ”	2018
UGA LLOD class “Career pathways”	2018
Richmond IONs Community Group, “Zero to Light Speed: Social Entrepreneurship and Healing”	2021
Grace E Harris Leadership Institute, Higher Ground Conference keynote “Hope, Love and Grace...Reaching Higher Ground”	2022
WISDM (Women in Science, Dentistry and Medicine) annual conference “Rethinking Communication: Practices and Philosophies that Advance	2022



Cooperation and Connection”

Network2Work monthly meeting, “The Great Resignation: Fostering Employee Retention” 2022

Richmond IONs Community Group, “Zero to Light Speed: Social Entrepreneurship and Healing” 2021

## UGA FACULTY DEVELOPMENT

### PROGRAMS

Consulting and coaching – individuals, departments, and schools

Summer Leadership Institute, with Diversity and Research Leaders tracks – Organizer and facilitator Summer 2017 – Summer 2018

Aspire Fellows Program – Organizer and facilitator Fall 2017 – Spring 2019

Associate Professor Success Program – Organizer and facilitator Fall 2016 and Spring 2017

New Department Head Training – Assistant and planner Fall 2016 – Fall 2018

Faculty Search Committee Training Program – Planner and trainer Fall 2016 – May 2019

Faculty Performance Evaluation Sessions I & II – Planner and presenter Fall 2016 – May 2019

Shared visioning info and weekly sessions – Discussion leader and facilitator Fall 2016- Spring 2017

Shared visioning Appreciative Inquiry Summits –

- Sustainability Conference Fall 2016
- Odum Diversity Committee Fall 2016
- Department of Entomology Fall 2016
- Department of Theatre and Film Studies Undergraduate Program Spring 2017
- Professional Development Steering Committee Fall 2017

- School of Social Work Leadership Team Spring 2018
- School of Veterinary Medicine, Department of Large Animal Medicine Spring 2018  
Fall 2018
- Odum School of Ecology – faculty and staff Spring 2019

#### Leadership Team Development

- School of Social Work
- Odum School of Ecology
- UGA Medical Partnership
- DeLTA Program Project Team

Faculty Learning Series – Planner and presenter for early and mid-career faculty and academic leaders, 9 workshops and 9 informal meetings, Fall, Spring, Summer Fall 2016 – May 2019

Junior Faculty Learning Community – creator, planner, and facilitator Fall 2017- Spring 2019

Warnell Graduate Student Association – “Leadership versus Management” Fall 2016

UGA Summer Leadership Institute Summer 2017 & Summer 2018

Creating a Sustainable Writing Program – Organizer and facilitator, bi-weekly program, every semester Summer 2017 – Spring 2019

#### PRESENTATIONS

FILM 2130 – “Faculty Diversity” Panelist and presenter February 2017

Harmony Youth Center – “Career development” panelist February 2017

UGA Business Women Faculty February 2017

EPID 9100 – “Leadership and Soft Skills” October 2017

Graduate School Brown Bag Lunch – “Making a Case for Holistic Admissions Practices”	November 2017
FFCH Earth Day event speaker – “Our holistic relationship with Earth”	April 2021
First Unitarian Universalist Church of Richmond – Earth Day sermon (worship associate)	April 2021
First Unitarian Universalist Church of Richmond – Knowing Your Neighbor sermons (worship associate)	July and August 2021
Richmond IONS (Institute of Noetic Sciences) – “Zero to Light Speed: Social Entrepreneurship and Healing”	August 2021
Lafayette College – Faculty Development Series	2022
Innerwork Center – The Art of Becoming: Manifesting Your Higher Self	Sept – Oct 2022

**INTERVIEWS**

- Raising Vibrations Radio – August 2021
- Thephil.com – March 2021
- Richmond Times-Dispatch – July 2021
- Richmond Magazine – October 2021
- North of the James cover article - October 2021
- Brainz Magazine – January 2022
- Humans of Fuzia – Spring 2022
- Authority Magazine – July 2022
- Lead by Example – January 2022
- Management Blueprint – February 2022
- Self-Publish in 30 Days - 2022
- Good Eye Podcast - Fall 2022
- CanvasRebel – October 2022

**ADMINISTRATIVE ACTIVITY AND SERVICE**

**COMMUNITY SERVICE**

Member, Board of Trustees, Richmond Shakespeare	2001 - 2009
President, Board of Trustees, Richmond Shakespeare	2002

<ul style="list-style-type: none"> <li>• <i>Excellent leadership – Took a company on the verge of bankruptcy back to a thriving organization</i></li> <li>• <i>Board recruitment and engagement – Board grew from 3 to &gt; 20 members</i></li> <li>• <i>Company expansion - Doubled staff, tripled number of performances</i></li> <li>• <i>Artistic excellence - Recipient of 3 prestigious Pollak Awards for Theater in 2007</i></li> <li>• <i>Innovation - First city and organization to replicate award-winning Will Power to Youth with Shakespeare Festival/LA in 2007</i></li> </ul>	2004 - 2008
<p>Founding Co-Chair and Chair PTSA Communications Committee, Hermitage High School</p> <ul style="list-style-type: none"> <li>• <i>Innovation - Founded communication effort with inaugural PTSA website and newsletter</i></li> <li>• <i>Impactful - Membership tripled during this period</i></li> </ul>	2008 - 2011
<p>Founder and Lead, First Unitarian Universalist Church of Richmond Earth Ministry</p> <ul style="list-style-type: none"> <li>• <i>Leadership – led the Earth care and healing effort in the UU and the Richmond community.</i></li> <li>• <i>Innovative and collaborative - started the Richmond Earth Series 2020, a semi-monthly webinar and movie/video discussion series. Partnership with Living Water Community Center, James Rivers Hikers Meetup, and Falls of the James Sierra Club.</i></li> </ul>	2020 – 2021
<p>Member, Mothers Out Front Richmond chapter</p> <p style="padding-left: 40px;"><i>Interim team leader</i></p>	2019 – present 2020 - 2021
<p>Board member, Unitarian Universalist Association Ministry for Earth</p> <ul style="list-style-type: none"> <li>• <i>Lead the organizational change and strategy efforts</i></li> </ul>	2021 – present
<p>Cabinet member, Emerge Virginia</p> <p style="padding-left: 40px;"><i>Professional development programs</i></p>	2021 - present
<p>Board member, Unitarian Universalist Ministry of Earth</p> <p style="padding-left: 40px;"><i>Board co-chair</i></p>	2021 – present Jan – Jun, 2022 Jan 2023 - present

**UNIVERSITY OF CALIFORNIA, SAN FRANCISCO**

Member	Graduate Instruction and Research Committee	1987
	• <i>Founded a student mentor program</i>	- 1988
Member	Milberry Union representative, Graduate Student's Association, Dept. of Pharmaceutical Chemistry	1987 - 1988
Member	Women in Science Symposium Committee	1990

**VIRGINIA COMMONWEALTH UNIVERSITY**UNIVERSITY

Group leader	VCU President's retreat	1993
Member	VCU Graduate Faculty	1994 - 2016
Member	A.D. Williams Grant Review Committee	1995
Alternate Representative	VCU Faculty Senate	1995
Faculty Advisor	Vietnamese Students' Association	1997 - 2000
Representative	VCU Faculty Senate	1999 - 2001
- <i>Co-Chair</i>	Affirmative Action/EEO Committee	1999 - 2002
	Ex-officio	2001 - 2002
- <i>Co-Chair</i>	Rights and Responsibilities Task Force	2001 - 2002
- <i>Member</i>	Executive Committee	1999 - 2001
Faculty Senate Representative	University Council	1999 - 2001
Member	Committee on Faculty Affairs	1999 - 2000
Member	AA504/Diversity and Equity Committee	2000 - 2008
		2009 - 2011
- <i>Member</i>	Retention Subcommittee	2000 - 2005

		2009 - 2011
- Chair	Climate Subcommittee	2005 - 2007
	<ul style="list-style-type: none"> <li>• <i>Proposed, organized, obtained approval and oversaw execution of VCU Climate Survey which was used for the basis of the first VCU-wide Diversity Plan in 2008</i></li> </ul>	
- Chair	Survey working group	2006 - 2007
- Member	Implementation Subcommittee	2009 - 2010
- Chair	Faculty Subcommittee	2010 - 2011
Member	Graduate Dean's Advisory Committee	2005 - 2015
Member	University Graduate Council	2005 - 2011
- Co-Chair	Policies and Procedures Subcommittee	2007 - 2010
- Member	Policies and Procedures Subcommittee	2010 - 2011
Member	Search Committee	
	<ul style="list-style-type: none"> <li>• AA/EEO Office Assistant Director</li> <li>• School of Engineering <ul style="list-style-type: none"> <li>○ Assistant Dean for Graduate Studies</li> <li>○ Faculty, Biomedical Engineering</li> <li>○ Chair, Biomedical Engineering</li> </ul> </li> <li>• Associate Director, VCU Career Center MCV Campus</li> <li>• Dean of the School of the Arts</li> <li>• Vice President for Diversity</li> <li>• Associate Director, VCU Career Center</li> <li>• Global Strategies Coordinator</li> <li>• Provost</li> </ul>	<p>2003</p> <p>2007</p> <p>2008</p> <p>2008</p> <p>2014</p> <p>2010 - 2011</p> <p>2011 - 2012</p> <p>2014</p> <p>2015</p> <p>2014</p>
Chair	Planning Committee for the Interdisciplinary Center, Dentistry, Engineering, Pharmacy	2007
Chair	Interdisciplinary Grant Awards Committee for IC/DEP	2008
Member	Thesis and Dissertation Assistantship Awards Committee	2007 - 2009
Member	Year of the Environment Committee	2009 - 2010
- Chair	MCV Campus Subcommittee	2009 - 2010
	<ul style="list-style-type: none"> <li>• <i>Planned inaugural MCV Earth Day event</i></li> </ul>	

Member	Sustainability Committee	2009 - 2011
Member	VCU Strategic Plan Realignment Committee	2010 – 2011
- Co-chair	Community Engagement Subcommittee	
Program coordinator	Grace E. Harris Leadership Institute	2010 - 2011
	VCU Leadership Program	
	<ul style="list-style-type: none"> <li>• <i>Enhanced program with improved self-awareness and integration of program goals with personal life.</i></li> <li>• <i>Position cut in 2011 due to budget constraints.</i></li> </ul>	
Ex-officio Member	Department Chair Leadership Training Planning Committee and speaker	2011
Member	VCU Strategic Plan for Diversity Ad-Hoc Review Team	2011
Member	Virginia Women’s Network 2012 Conference Planning Committee	2011 - 2012
Member	Making VCU a Great Place to Live, Work and Learn Committee	2012
Member	Provosts’ Global Advisory Committee	2012 – 2016
Member	Quality Enhancement Plan Steering Committee	2013 – 2016
Member	VCU Innovation/Entrepreneurship Steering Committee	2012 – 2016
Member	International Student and Scholar Advisory Panel	2013 - 2016
- Co-Chair	Student Development Committee	2014 - 2016
	<ul style="list-style-type: none"> <li>• <i>Led creation of a proposal for campus-wide initiative for international student development and climate improvement</i></li> </ul>	
Member	University Career Council	2013 - 2016
Member	International Students and Scholars Advisory Panel	2013 – 2016
Mentor	Grace E. Harris Leadership VCU Leadership Program	2013 - 2016
Chair	University Grievance Panel - Appeals Board	2013 - 2016
Member	Learning & Development Council	2014 – 2016
Co-Chair	International Students and Scholars Program – Student Development Committee	2014 – 2016
Member	Vice Provost for Academic Affairs Search Committee	2014 – 2016
Director	VCU BEST, VCU Student Affairs	2014 - 2016

SCHOOL OF PHARMACY

Member	Committee for Self-Study for Reaccreditation	1994
Member	Curriculum Revision Committees	1994
Member	School of Pharmacy Admissions Committee	1994 –1996 2013 - 2016
Representative	US Pharmacopoeia Convention	1994 - 2000
Academic advisor	9 Pharmacy students	1994 –1996
Chair	Curriculum Revision –Biotechnology Task Force	1994
Member	PERT Committee	1995
Chair and Founder	Faculty Discussion Group	1996 - 1999
Organizer and Presenter	Career Symposium Dean’s hour	1996, 1997
Host	Open House Laboratory Tour	1996 – 1999
Chair	Promotions Committee, P1 Year	1997
Member	Promotions and Tenure Guidelines Committee	1997 - 2000
Alternate Representative	School of Pharmacy Grievance Committee	1997 - 2000
Co-Chair and Co- Founder	Pharmacy Research Day	1998
Member	School of Pharmacy Graduate Student Recruiting Committee	1998 - 2001
Member	School of Pharmacy Academic Progress Committee	1998 - 2011
Member	Biotechnology (MS) Program Development	1998
Member	Open House Planning Committee	1999
Member	Curriculum Review for the Biomedical and Pharmaceutical Sciences	1999
Member	School Strategic Planning Committee	1999 - 2000 2009 - 2016
Member	School of Pharmacy Search Committee	
	<ul style="list-style-type: none"> <li>• Department of Pharmaceutics Faculty – 5 positions</li> <li>• Education Specialist</li> <li>• Chair, Department of Pharmacy</li> </ul>	1996 - 2005 1998 1998



	• Pharmaceutics Research Assistant Professor	1998
	• Department of Pharmacy Faculty	2001
	• Department of Medicinal Chemistry Faculty – 5 positions	1999 - 2008
	• Chair, Department of Medicinal Chemistry	2005
	• Research administrator	2015
Member	Nominating Committee	2000 – 2001
Member	Self-Study for Reaccreditation (Faculty)	2000
		2013 - 2014
Member	Outcomes and Assessment Committee	2001
Chair	Graduate Affairs Committee	2004 – 2016
Member	Curriculum Committee	2005 - 2007
- Member	Curriculum Revision Subcommittee	2008
Chair	Scholarship Sequence Subcommittee	2006
	• <i>Created new scholarship sequence for new curriculum</i>	
Chair	A.D. Williams Research Excellence Award Committee	2005 - 2006
Chair	Graduate Student Awards Committee	2006 – 2016
Member	School of Pharmacy Awards Committee	2006
Chair	Research and Career Day/Alumni Reunion	2005 – 2016
	• <i>Added Career Day component (classes, scientist, visitor meetings) in 2005</i>	
	• <i>Created inaugural Alumni Reunion</i>	
Member	Strategic Planning Steering Committee	2006
Chair	Lowenthal/CVCSN Symposium/Lowenthal Symposium	2006 – 2016
	• <i>Founded the inaugural biannual Lowenthal Symposium</i>	
	• <i>Offered Joint Symposium with Central VA Chapter for the Society for Neuroscience</i>	
Ex-officio	Combined Degree Steering Committee	2005 – 2007
Chair	Combined Degree Steering Committee	2007 - 2016
	• <i>Reorganized Combined Degree Committee</i>	

	<ul style="list-style-type: none"> <li>• <i>Created handbook</i></li> </ul>	
Member	Faculty Awards Committee	2005 - 2011
- Chair		2008 - 2011
Member	Reaccreditation Committee	2007 - 2008
Chair	Diversity Strategic Plan Committee	2010 – 2011
	<ul style="list-style-type: none"> <li>• <i>Prepared the School's inaugural strategic plan for diversity</i></li> </ul>	
Member	Pharmacy Diversity Committee	2011 - 2015
Member	Strategic Plan Monitoring Committee	2009 – 2015
Member	Self-Study for Reaccreditation	2013 - 2014
Staff and co-Founder	Pharmaceutical Sciences Graduate Advisory Board	2009 - 2016
	<ul style="list-style-type: none"> <li>• <i>Co-founded the Career Mentor Network</i></li> <li>• <i>Founder of the Graduate and Professional Leadership Development Program, now offered VCU-wide to all graduate and professional students.</i></li> <li>• <i>Coordinate philanthropy emerging from Board initiatives including 2 endowed scholarships and 1 travel fund</i></li> </ul>	

#### DEPARTMENT OF PHARMACEUTICS

Member	Graduate Student Admissions Committee	1998 - 2016
Director	Department of Pharmacy and Pharmaceutics – Research Seminars in Drug Development	1994 – 1998
Director	Department of Pharmaceutics –Research Seminars in Drug Development	1998 – 2016
Coordinator	Cell Culture Room renovation	1993 - 1994
Director	Cell Culture Facility	1994 - 2000
Member	Pharmaceutics Curriculum Committee	1999 - 2000
Chair	Pharmaceutics Sequence Committees	1999 - 2000

#### UNIVERSITY OF GEORGIA

Member	Student Learning Outcomes Faculty Learning Community	2016 - 2017
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Member	Student Learning Outcomes Steering Committee	2016 - 2019
Chair	Professional Development Steering Committee	2017 - 2018

## **REGIONAL/NATIONAL SERVICE**

### **MEETING AND SHORT COURSES**

Member	AAPS Southeast Regional Meeting Planning Committee	1995 - 1996
Poster judge	AAPS Southeast Regional Meeting	1996
Member	USP Mid-Atlantic Regional Membership Meeting Planning Committee	1996 - 1997
Welcoming Speaker and Tour Organizer	USP Mid-Atlantic Regional Membership Meeting	1997
Organizer	AAPS Short Course in Biotechnology	1997
Moderator	AAPS Eastern Regional Meeting	1997
Member-at-Large	AAPS Short Course Committee	1997 – 2000
Program Director	AAPS Southeast Regional Meeting	1997 – 1998
Chair	Organizing Committee, AAPS Southeast Regional Meeting-	1998 - 1999
Member	AAPS Program Coordination Committee	1998 – 1999
Co-organizer	AACP SIG - Graduate Education, inaugural program	2011
Co-organizer	AACP/AAPS Joint Roundtable, AAPS National Meeting, “The Future of Pharmaceutical Sciences”	2013

### **MEMBERSHIP AND ACTIVITIES**

Delegate	US Pharmacopeia	1994 - 2000
Member	AAPS Biotechnology Section Education Committee	1997
Member	AACP New Investigator Grant Review Committee	1997, 1999
Mentor	AAPS Mentor Program	1997
Member	AACP Graduate Education and Research Committee	2009 - 2010 2011 - 2012

Member	AACP Leadership Development SIG	2011 - 2016
	Peer Network Committee	2013 - 2014
	Executive Committee	2014 - 2015
Founding chair	AACP Graduate Education SIG	2011-2012
	<ul style="list-style-type: none"> <li>• <i>Led the creation of recommendations for the future of graduate education in pharmaceutical sciences. The paper was approved as a white paper by AAPS and is being implemented nation- wide.</i></li> <li>• <i>Led the creation of the Shared Education Initiative, to be launched 2016</i></li> </ul>	
- Chair	Planning Committee	2012 - 2013
- Immediate- Past Chair		2012 - 2013
- Member	Executive Committee	2014 - 2016
Advisor	Interim Liaison and founding member Graduate Women in Science Richmond Chapter	2014 - 2016
Member	Board of Grants, American Foundation for Pharmaceutical Education (AFPE)	2015 - 2018
Founding Member and Advisor	Graduate Women in Science (GWIS), Richmond Chapter	2015 - 2016
- Chair	Communications	
Member	AACP Task Force on Accelerating Change in Curricular and Practice Transformation	2015 - 2016
-Subcommittee Chair	Curriculum change strategies	
	<ul style="list-style-type: none"> <li>• <i>Council of Faculty and Council of Deans called to institute change in practice and curriculum.</i></li> </ul>	
Inaugural Chair	Learning and Development Group, Organizations - International Positive Psychology Association	2016-2017
Member	Nominating Committee, MAPP Alumni Association	2017

## UNIVERSITY OF GEORGIA

Member	Search Committee, Director of Diversity and Inclusion, Office of Institutional Diversity	2017
Member	Search Committee, Assistant Director of Assessment, Center for Teaching and Learning	2017
Member	Search Committee, Director of Training and Development, Human Resources	2017
Chair and Founder	Professional Development Steering Committee	2016-2018
Founder	Professional and Organizational Development (POD) Network – Faculty Success Developers group	2017-2018
	<i>Co-organizer</i> – Inaugural panel discussion and meeting, 2018 POD Network Meeting, Montreal	2018
Founder	University System of Georgia (USG) Faculty Success Developers Group	2017-2018
	<i>Organizer</i> – Inaugural meeting, Athens GA, Fall 2018	

## TEACHING

### UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

Teaching Assistant	Pharm 115 Biopharmaceutics	1986 - 1987
Teaching Assistant	Pharm 126 Pharmaceutical Dispensing Laboratory	1986 -1987
Invited lecturer	Pharm 115 Biopharmaceutics, drug ionization and solubility	1988

### VIRGINIA COMMONWEALTH UNIVERSITY

#### COURSE AND LABORATORY INSTRUCTION

PHA401	Principles of Pharmacy: Biotechnology drug delivery and oral controlled release - 4 lectures	1994 - 1996
MEDC410/MEDC710 lab	Principles of Medicinal Chemistry: DNA gel electrophoresis laboratory - 8 x 2 hour labs and 1 lecture	1995 - 2005
BIC402	Biochemistry: Biotechnology and Pharmacy - 1	1995 - 2000

	lecture	
PHA542	Pharmacotherapeutics: Genetics/Biotechnology Module - 8 lectures	1996 - 1997
PCEU506	Principles of Pharmacy: Pharmacokinetics - 13-27 lectures	1996 - 2016
PCEU604 and lab	(graduate) Biotechnology and Pharmacy 20 lectures + self-paced laboratory	1996 - 2001
Research Practicum	Preceptor - 5 x 2 hour discussions	1997 - 2002
MIC501	Microbiology: Biotechnology Module - 8 lectures	1998 – 1999
BIO291	Topics in Biomedical Research - 1 lecture	1998 – 2001
MEDC310	Medicinal Chemistry and Drug Design - 1 lecture	1998 - 2016
BIOC532	Biochemistry: Biotechnology - 7 lectures	2000 – 2008
PHAR745	Drug Literature Evaluation- 1 lecture	2000 – 2001
Virginia Commonwealth Society	1 lecture	2000
EGRC325	Bioengineering - 1 lecture	2000 - 2002
PHA690/PCEU690	(graduate) Research Seminars in Pharmacy- 2 lectures	1995 - 2016
MEDC650/PHAR549	Pharmacogenomics - 5 lectures	2009 - 2014
PCEU508	Pharmacokinetics - 12 lectures	2012 – 2016
PHAR543	Scholarship I- 1 lecture	2014 - 2016
Professional and Personal Development Program	15 lectures	2012 - 2014
GRAD611	Professional and Personal Development - 15 lectures	2014 - 2016
UNIV291(sec4)	Science of Happiness – 4 lectures (undergraduate)	2016 - 2016
CLED 721	Counselor Education Doctoral Seminar II – 3 lectures	2016
<u>COURSE COORDINATOR</u>		
PHA 690A	(graduate) Research Seminars in Pharmacy	1994 - 1995

PHA690/PCEU690	(graduate) Research Seminars in Pharmacy	1995 - 2016
PHA506/PCEU506	Biopharmaceutics and Pharmacokinetics	1996 - 2005
PHA604/PCEU604 and lab	(graduate) Biotechnology and Pharmacy	1996 - 2002
PCEU506	Pharmacokinetics	2006 – 2008
PCEU508	Pharmacokinetics	2009 - 2011
- <i>co-coordinator</i>		2011
PSCI607/608	Introduction to Pharmaceutical Sciences	2010 - 2016
GRAD611	Professional and Personal Development Program	2014 - 2016
	<ul style="list-style-type: none"> <li>• <i>A campus-wide course offered in a hybrid format that is designed to help students find their authentic career path and pursue it using their strengths. Based on principles of positive psychology.</i></li> </ul>	

## RESEARCH ADVISOR

### *Pre-doctoral*

UCSF Research elective	Research elective - Anne Marie deJesus	1990
Intern	Monica Butani	1994 – 1995
	Fiona Betts	1995
	Shana Dodson	1998
	Lauren Dombrosky	2000
Summer fellows	Jason Jimerson	1995 (NCI)
	Sheireen Kau	1996
	Melanie Lysik	1995 (NCI)
	Amy Chan	1998 (NCI)
	Jeffery Kirk	1999 (NCI)
	Yin Zhang	1999 (A.D Williams), 2000 (NCI), Merck Research Fellow
PHA691- Research elective	John Huffman MS	1996
	Monica Vinson	1996

	Elisa Pak	1997
	Noelle Beltran	1998
BIOS495 -Research elective	Sonia Raghu	1998
Minority/Disadvantaged Research Fellow	Jelani Lynch	1997, 1998
	Elizabeth Saliba	2000

### *Doctoral*

PharmD fellow co-advisor	Tom Redford PharmD	1994 - 1995
PharmD thesis advisor	Shelly Curtis MS	1994 - 1995
Ph.D. Graduate research advisor	Sriram Nagaraj	1993 – 1995
	Melanie Lysik	1997 - 2002
	Yin Zhang	2000 - 2005
	Lisa Pate	2000 - 2002
	Jenny Chon	2003 - 2004
Thesis committee	Deepa Deshpande WVU	1992 – 1996
	Haifeng Bao, Dept. Pharmacology/Tox	1996 - 2000
	Guhan Balan	1994 - 1998
	Scott Conrad, Dept. Anatomy	1998
	Jessica Martin	2000 - 2005
	Dominic DeDonno, Dept. Medicinal Chem.	2005 - 2008
	Chaoxuan Li, Dept. Medicinal Chemistry	2001 - 2007
	Da Zhang	2008 - 2014

## OTHER EXPERIENCE

Graduate intern - Abbott Pharmaceuticals, North Chicago, IL	1987
Pharmaceutical Research and Manufacturer's Association and American Association of Colleges of Pharmacy Scientist Exchange - Pfizer Inc., Groton CT	1995
Career Day speaker, Pinchbeck Elementary	2003 - 2010



Career Day speaker, Hermitage High School	2009
Volunteer, Henley Street Theater - special events committee, usher	2012 - 2016
Team member, Service-Learning Project for Boys and Girls Club, Trenton and Mercer Counties	2014
<ul style="list-style-type: none"> <li>• <i>Organizational development – Co-created a “train the trainer” program for the staff for use with student members. The program was implemented and adopted and used to develop the over 2300 youth who regularly attend the facility each year.</i></li> </ul>	
Volunteer, various election campaigns	2000 - present
Prep Cook Volunteer, Feedmore	2019 - 2021
Blogger	
<ul style="list-style-type: none"> <li>• FFCH</li> </ul>	2019 - 2021
<ul style="list-style-type: none"> <li>• Brainz Magazine</li> </ul>	2022
<ul style="list-style-type: none"> <li>• Psychology Today</li> </ul>	2022- present
Network and advisory committee memberships	various
<ul style="list-style-type: none"> <li>• Synapse</li> <li>• Manchester YMCA Welcome Center</li> <li>• Bridging Movement Alignment Council</li> <li>• Trauma-Informed Care Network, Richmond</li> <li>• Network2Work</li> </ul>	

## COURSES ATTENDED

### UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

"Ethics in Science" 1991

### VIRGINIA COMMONWEALTH UNIVERSITY

"Writing Grant Proposals" VCU Workshop 1993

"Grantsmanship Workshop", VCU Workshop 1993

"How to Prepare for Promotion and Tenure" FAME Workshop 1993

"The Rise in Campus Racism", VCU EEO 1993

"Organization of Biomedical Manuscript", Dept. Pharmacy and Pharmaceutics Workshop 1993

“Teaching Ethics”, Dept. of Philosophy Summer Workshop	1994
“Improving Student Success and Satisfaction in the Large-Classroom Environment”, Office of Faculty Affairs	1994
“Grant Writing, A Hands-On Approach” VCU Workshop	1994
“Promotion and Tenure/Roles and Rewards” VCU Workshop	1995
“Strategies to Improve Large Classroom Teaching”	1995
“SAS Programming”, Academic Computing Workshop	1996
PHA625 Pharmacokinetics, J. Venitz	1996
“Assessment and Innovations in Teaching”, Department Workshop	1997
“Faculty Workshop in Pharmacokinetics”, Department Workshop, J. Venitz	1997
“Teaching Problem-Based Learning”, Departmental Workshop	1997
“Principles of College Teaching” GRS602	1997
“Counseling Employees”, VCU Human Resource Division	1997
“Interviewing and Selection”, VCU Human Resource Division	1997
“Creating WEB Courses”, VCU	1998
“Introduction to Front Page, VCU	1998
“Motivating Students: Lighting the Fires of Personal and Intellectual Development”, Office of Faculty Affairs Workshop, VCU	1998
“The Teaching Portfolio: Capturing the Scholarship of Teaching”, VCU	1998
“Discovering Your Teaching Self: Turning Theory into Practice”	1998
PHA611, “Chemical Kinetics”, Dr. Robert Notari	1999
“Scientific Authorship”, VCU	1999
“Changing Practices in Evaluating Teaching”, VCU	2000
“Blackboard”	2000
“In-class Assessment”	2005
Learner Centered Course	2005
Grace Harris Leadership Institute	2005 - 2006
<ul style="list-style-type: none"> <li>Group Project - proposal for a new “VCU Center for Research Excellence”</li> </ul>	

## EXTERNAL COURSES

"Handling Employee Discipline and Performance Problems", National	1997
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## Seminars Group

“How to Recruit Graduate Students”, Graduate and Professional School Enrollment Management Corporation	1998
AACP Academic Fellows Leadership Program	2010 - 2011
<ul style="list-style-type: none"> <li>Group project – Faculty perceptions of equity regarding teaching workload</li> </ul>	
Gallup StrengthsFinders Coach Training – certified coach	June 2013
Arbinger Institute Facilitator Training –certified trainer	June 2013
SUN Life Coach Training - trained life coach	2013
Conflict Dynamics Profile – certified coach	Spring 2016
Business Growth Strategy, University of Virginia, Coursera Certificate	July 3, 2016
<ul style="list-style-type: none"> <li>Foundations of Business Strategy</li> <li>Advanced Business Strategy</li> <li>Strategic Planning and Execution</li> </ul>	
The Leadership Circle – certified coach	Fall 2016
NCFDD.com Faculty Success Program	Fall 2016
Diversity Training University International – Managing Diversity Certificate	Spring – Summer 2018
UGA LLOD8210E Leading Change	Fall 2018
UGA LLOD7030E Program Planning and Development	Summer 2017
UGA LLOD8090 Adult Development	Fall 2017
The Marketing Seminar online (Seth Godin)	Fall 2018-Spring 2019
<ul style="list-style-type: none"> <li>Selected to be a “Remarkables” peer coach from among 1400 participants</li> </ul>	
Growth Edge Leadership – Conversations from the Growing Edge	Fall 2018
Growth Edge Leadership – Psychologically Spacious Coaching	Spring 2019
Growth Edge Leadership – Engaging Clients Horizons Openly (Certification)	Fall 2019
Emerge Virginia Bootcamp	Summer 2020
Usui reiki attunement Level 1	Spring 2019
Usui Holy Fire reiki attunement Level 2	Fall 2022

## PUBLICATIONS

### ARTICLES

1. **Wu-Pong, S.**, Weiss, T.L., Hunt, C.A. Cellular uptake of a c-myc antisense oligonucleotide. *Pharm. Res.* 1992;9:1010-1017.
2. **Wu-Pong, S.**, Weiss, T.L., Hunt, C.A. Antisense c-myc oligonucleotide cellular uptake and activity. *Antisense Res. Dev.* 1994;4:155-163.
3. **Wu-Pong, S.**, Weiss, T.L., Hunt, C.A. Calcium-dependent cellular uptake of a c-myc antisense oligonucleotide. *Cell. Mol. Biol.* 1994;40(6):843-850.
4. **Wu-Pong, S.**, Elias, P.M., Feingold, K.R. Influence of altered serum cholesterol levels and starvation on cutaneous cholesterol synthesis. *J. Invest. Derm.* 1994;102:799-802.
5. Mao-Qiang, M., Brown, B E., **Wu-Pong, S.**, Feingold, K R., Elias, P M. Exogenous nonphysiologic vs physiologic lipids. Divergent mechanisms for correction of permeability barrier dysfunction. *Arch. Dermatol.* 1995;131(7): 809-16.
6. **Wu-Pong, S.** Oligonucleotides: opportunities for drug therapy and research. *Pharm. Technology* 1994;18: 102-112 and *Biopharm.* 1994;7:20-33.
7. **Wu-Pong, S.** The role of multivalent cations on oligonucleotide cellular uptake. *Biochem. Mol. Biol. Int.* 1996;39:511-519.
8. **Wu-Pong, S.** Calcium-dependent oligonucleotide cellular uptake. *Biochimie* 1996;78, 33-38.
9. **Wu-Pong, S.**, Bard, J. Oligonucleotide adsorption to artificial surfaces. *Int. J. Pharmaceutics* 1996;143:259-263.
10. **Wu-Pong, S.**, Byron., P.R. Airway to biophase transfer of oligonucleotides, *Adv. Drug Del. Rev.* 1996;19:47-71.
11. Wu-Pong, S., Osborne, D., Windridge, G. Predicting success of Pharmacy school applicants whose first language is not English. *Am. J. Pharm. Ed.* 1997;61:61-65.
12. Chelliah, J., Freemerman, A.J., **Wu-Pong, S.**, Jarvis, W.D., Grant, S. Evidence of a role for c-myc in potentiation of 1- $\alpha$  -D-arabinofuranosylcytosine-induced apoptosis in human leukemia cells by the protein kinase C activator bryostatin 1. *Biochem. Pharmacol.* 1997 Sept 1; 54(5): 563-73.
13. **Wu-Pong, S.**, Bard, J., Jimerson, J., Huffman, J. Oligonucleotide biological activity: relationship to the cell cycle and nuclear transport. *Biol. Cell* 1997; 89(6):257-261.
14. **Wu-Pong, S.**, Schnoll, S., Weaver, M. Butorphanol pharmacokinetics in a CRPS patient, *J. Pain Symp. Manag.*, 1999;17:1-2.
15. **Wu-Pong, S.** and Gewirtz, D. Nucleic acid drug delivery to the brain, Part I. *BioPharm*, 1998;11: 28-35.
16. **Wu-Pong, S.** and Gewirtz, D. Nucleic acid drug delivery to the brain, Part II. *BioPharm*, 1999;12: 32-38.
17. **Wu-Pong, S.** and Cheng, C.K. The use of cellular automata for instruction of pharmacokinetics, *J. Pharm. Ed.*, 1999; 62(5):52-55.

18. Jarvis, M.A.E., **Wu-Pong, S.**, Kniseley, J.S., Schnoll, S.H. Alterations in methadone metabolism during late pregnancy, *J. Addict. Dis.* 1999; 18(4): 51-61.
19. Tam, R., **Wu-Pong, S.**, Pai, B., Lim, C., Chan, A., Thomas, D.F., Milovanovic, T., Bard, J. Increased potency of an aptameric G-rich oligonucleotide is associated with novel functional properties of phosphorothioate linkages, *Antisense Nucl. Acid Drug Del.* 1999; 9:289-300.
20. Broaddus, W.C., Prabhu, S.S., **Wu-Pong, S.**, Gillies, G.T., Fillmore, H. Design and delivery of antisense oligonucleotide strategies in the central nervous system. *Antisense technology.* Phillips, M. Ian, Ed., San Diego, CA: Academic Press, 2000 (Methods in Enzymology 314;121-135).
21. **Wu-Pong, S.** An alternate hypothesis for oligonucleotide cellular uptake: a new look at the literature, *Adv. Drug Del. Rev.* 2000;44:59-70.
22. **Wu-Pong, S.**, Livesay, V., Dvorchik, B., Barr, W.H. Oligonucleotide transport in rat and human intestine Ussing Chamber model, *Biopharm. Drug Dispos.* 1999;20(9):411-6.
25. Lysik, M.L. and **Wu-Pong, S.** Innovations in oligonucleotide drug delivery. *J Pharm Sci.* 2003 Aug;92(8):1559-73.
26. Crismon ML, Albright FS, Canney DJ, Das NG, Mehanna AS, Welage LS, **Wu-Pong S**, Miller KW. " The role of dual-degree programs in colleges and schools of pharmacy: the report of the 2008-09 Research and Graduate Affairs Committee." *Am J Pharm Educ.* 2009;73 Suppl:S6.
27. Lau, YS; Blouin, R; Brixner, D; Crismon, L; Cutler, S; Ho, R; Jusko, W; Nahata, M; Sorkness, C ; Torchilin, VP ; **Wu-Pong, S.** "Report of the 2011-2012 AACP Special Advisory Committee on Research and Graduate Education". *Am. J. Pharm. Ed.*, 2012, 76(8):S14.
28. Wilborn TW, Timpe EM, **Wu-Pong S.**, Manolakis M, Karboski, J., Clark DR, Altieri R. "Faculty Perceptions of Equity with Respect to Workload Allocation", *Curr Pharm Teach Learn*, 2013;5:9-13.
29. **Wu-Pong, S.**, O'Barr, S., Huber, J., Gobburu, J., Shah, K., Weiner, D. " The Future of the Pharmaceutical Sciences and Graduate Education. Recommendations from the AACP Graduate Education Special Interest Group," *Am. J. Pharm. Ed.*, 2013;77(4): S2.
30. **Calvert, S.** "Mother Earth is Feeling Ill Today." *Rose in the World*, 2021:34:10-11.
31. **Calvert, S.** "Climate Change Solutions: You're More Powerful Than You May Think", *PTA OneVoice*, Nov 21, 2021.
32. **Calvert, S.** "Accessible solutions for climate change." *Pari Perspectives*, Spring 2022.
33. **Calvert, S.**, and Biren, B. "How attorneys can empower families requiring special needs planning – and themselves", *The Iowa Lawyer*, Sept 2022, 82(8),

## CHAPTERS

1. **Wu-Pong, S.**, Bard, J., Jimerson, J., Huffman, J. Role of Cations and Cell Cycle on Oligonucleotide Internalization and Activity, in Oligonucleotide and Gene Therapy Based Antisense Therapeutics with New Applications for Genomics, W. Hori and E.M. Nagle, Eds., IBC Library Series, Southborough MA 1997, pp 4.3.1-4.3.10.
2. **Wu-Pong, S.** Chapter 1. "Introduction to Biotechnology" in Biopharmaceutical Drug Design and Development, Wu-Pong, S., Rojanasakul, Y., Eds., Humana Press, Totowa, NJ, April 1999; pp 1-20.
3. **Wu-Pong, S.** Chapter 4. "Treatment Options" in Biopharmaceutical Drug Design and Development, Wu-Pong, S., Rojanasakul, Y., Eds., Humana Press, Totowa, NJ, April 1999; pp 51-68.
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19. Merck Summer Research Fellowship – 2000-2001, on behalf of Yin Zhang, \$5000
20. Professional and Personal Development Program - Sponsorship, Altria, \$5000, Fall 2012
21. Altria Fellowship in Regulatory Sciences (grant to graduate program) - 2011-2015, \$100,000 per year
22. VCU BEST Pilot Program - Sponsorship, Altria, \$5,000 Fall 2011
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